不正不食者不正不坐弹琴瑟调心神和性情益著慚羞感事
論曰兒在胎日月未滿陰陽未備膚膚皆不通故自初
然不生子皆良長壽忠孝仁義聰慧無疾斯蓋文王胎教者也

妊娠食羊肝令子多病
妊娠食兔肉令子延月食驢肉令子不生
gestation eat lamb liver causes child disease
gestation eat rabbit meat causes child late delivery
gestation eat donkey meat causes child not born

妊娠食熏肉令子多病
妊娠食香料令子延月
gestation eat smoke meat causes child disease

gestation eat fragrant meat causes child late delivery

妊娠食鴨子及乾麁魚令子多疾
妊娠食鴨子及乾魚令子延月
gestation eat duck meat causes child disease
gestation eat fish meat causes child late delivery

妊娠食鶏肉令子延月
妊娠食鶏肉令子延月
gestation eat chicken meat causes child late delivery
gestation eat chicken meat causes child late delivery

妊娠食魚肉令子延月
妊娠食魚肉令子延月
gestation eat fish meat causes child late delivery
gestation eat fish meat causes child late delivery

妊娠食雀肉飲酒令子心溼情亂不畏羞恥
妊娠食雀肉飲酒令子心溼情亂不畏羞恥
gestation eat sparrow meat and drink wine causes child heart moistness

gestation eat sparrow meat and drink wine causes child heart moistness

妊娠一月足厥陰脈養不可針灸其經足厥陰脈養不可針灸
妊娠一月足厥陰脈養不可針灸其經

gestation one month foot liver and kidney pulse nourishment cannot be needling

gestation one month foot liver and kidney pulse nourishment cannot be needling

妊娠一月陰陽新合為胎寒多為痛熱多為痛熱
妊娠一月陰陽新合為胎寒多為痛熱

gestation one month yin and yang new combination for fetus cold much for pain heat
gestation one month yin and yang new combination for fetus cold much for pain heat

妊娠一月名始胚飲食精熟酸美受御宜食大麥母食醒香是
妊娠一月名始胚飲食精熟酸美受御宜食大麥母食醒香是

gestation one month name first embryo eating food refined mature sour and beautiful

gestation one month name first embryo eating food refined mature sour and beautiful

妊娠勿向非常地大小便必半殺人
妊娠勿向非常地大小便必半殺人

gestation do not let extraordinary large and small bowel movements in half kill people

gestation do not let extraordinary large and small bowel movements in half kill people

妊娠食頻者及乾麁魚令子延月心寒
妊娠食鶏肉令子延月面多黴黑子

gestation eat sparrow meat and dry fish causes child late delivery heart cold

gestation eat chicken meat causes child late delivery face much fungus black hair